

# Medicare & Dadka Waaweyn ee Bedeshay Jinsiga 'Transgender'

**WAXA DADKA BEDESHAY JINSIGA 'TRANSGENDER'**  
**AY TAHAY IN AY OGAADAAN**

**Dadka waaweyn ee bedeshay jinsiga 'transgender'**  
waxay leeyihii baahiyaha daryeelka caafimaad oo gaar  
ah. Halkani waxaa ku qoran waxa Medicare ay sameynayso  
si ay wax uga qabato.



Waxaa laga joogaa ku dhawaad tobban sano tan iyo markii Waaxda Caafimaadka iyo Adeegyada Dadweynaha (HHS) ay beddeshay siyaasadii muddada dheer soo jirtay oo ay bilawday bixinta caymiska qallinka caafimaad ahaan lagama maarmaanka ah ee xaqijintaa-jinsiga 'gender-affirming'. Waqtigaasi waxaa jiray sharraxaad weyn ee siyaasadaha Medicare ee loogu talagalay adeegyo badan oo la xiriira dadka waaweyn ee bedeshay jinsiga 'transgender'. Halkani waxaa ku qoran waxyaabaha aasaasiga ah qaarkood.

## Aqoonsiga Jinsiga

Jinsigaagu kama soo muuqanayo kaarkaaga Medicare. Diiwaannadaada Medicare, si kastaba ha ahaatee, waxaa ku jira calaamadeynta jinsiga oo ku saleysan diiwaankaaga Social Security-ga. Haddii aad aqoonsadaha 'identifier' jinsigaaga ka beddeshay Xafiiska Maamulka Social Security-ga, isbeddelkaasi wuxuu sidoo kale ka muuqan doonaa diiwaannadaada Medicare.

## Qalliinka

Medicare waxay oggolaataa caymiska qallinka caafimaad ahaan lagama maarmaanka ah ee xaqijintaa jinsiga 'gender-affirming' si wax looga qabto dareenka laga qabo dhanka jinsiga 'gender dysphoria' iyada la eegayo hadba xaalada. Heerarka baahida caafimaad waa isku mid haddii aad caymiskaaga Medicare ku hesho kharashka adeega la bixiyo 'fee-for-service' ee Medicare ee Asalka ahayd ama la adeegsanayo qorshaha Medicare Advantage. Inkasta oo go'aanadu yihii kuwo ku saleysan hadba xaalada, Medicare waxay eegtaa tilmaamaha ku jira Ururka Xirfadlayaasha Adduunka ee loogu talagalay Caafimaadka Qofka Bedeshay Jinsiga 'Transgender' (WPATH) ee



Heerarka Daryeelka. **Marka la taageerayo codsigaaga caymiska Medicare, adeeg bixiyahaagu waa inuu wax ka qabtaa sida uu kiiskaagu u buuxinayo heerarka WPATH.**

Waa in aad isticmaashaa dhakhaatiir qaadata Medicare. Haddii aad ku jirto qorshaha Medicare Advantage, waxaa sidaa caadiga ah u baahan tahay in aad isticmaasho dhakhaatiirta ka tirsan nidaamka qorshahaaga ama heshaa oggolaansho aad ku aado meel ka baxsan nidaamka.

## **Medicare iyo Dadka Waaweyn ee Bedeshay Jinsiga ‘Transgender’: Waxa Dadka bedeshay Jinsiga ‘Transgender’ ay Tahay in ay Ogaadaan**

### **Daawooyinka La xiriira Isbeddelka**

Hormoonada caafimaad ahaan lagama maarmaanka ah si wax looga qabto dareenka laga qabo dhanka jinsiga ‘gender dysphoria’ waxaa guud ahaan caymiskooda lagu bixiyaa oo ay hoos yimaadaan Medicare Part D. Wuxuu sida caadiga ah u baahan tahay oggolaansho hore ka inta aan la oggolaan doonin caymiska.

### **Hababka Jinsiga U gaarka ah**

Medicare ma diidi doonto caymiska loogu talagalay hababka ‘procedures’ jinsiga u gaarka ah iyada oo sababtu tahay aqoonsadaha ‘identifier’ jinsiga ee ku jira diiwaankaaga Medicare oo muujinaya aqoonsiga jinsiga oo gooni ah. Aqoonsadaha ‘identifier’ muujinaya in aad tahay qof lab ah, tusaale ahaan, aasaas uma noqon karo diidmada caymiska baaritaanka miskaha ‘pelvic examination’ haddii uu caafimaad ahaan kugu habboon yahay. Medicare waxay abuuray astaanta biilkha ‘billing code’ oo gaar ah, astaanta xaalada ee 45, oo loogu talagalay hababka la maro ‘procedures’. Haddii adeeg bixiyuhu isticmaalo astaantani ‘code’ oo la xiriir hababkani la maro, wuxuu gacan ka geysan karaa in laga hortago diidmada aan habboonay ee caymiska.

### **ILAALINTA SIYAASADDA**

HHS ayaa dhawaan soo jeedisay xeerar lagu xoojinayo ilaalinta ka dhanka ah takoorka iyo ballaarenta baaxadda adeeg bixiyayaasha iyada oo la raacyo qawaaniintooda. Xeerarka la soo jeediyay waa kuwo gaar u ah wax ka qabashada baahiyaha caafimaad ee dadka bedeshay jinsiga ‘transgender’.

Waxay mamnuuci doonaan xaddidaadaha adeegyada caafimaadka ee ku saleysan jinsiga la isku qoondeeyay dhalashada ama aqoonsiga jinsiga; diidmada adeegyada loogu talagalay isbeddelka jinsiga ama daryelka xaqiijinta jinsiga ‘gender-affirming’ ee la siin doono dadka oo loogu talagalay ujeedooyin kale; iyo siyaasadaha ama dhaqan kasta oo kala saari doona ama ula dhaqmi doona shakhsiyadka si kala duwan oo ku saleysan jinsiga kaasi oo aanan waafaqsanayn aqoonsiga jinsiga qofka.

Waxaa intaasi dheer, in xeerka la soo jeediyay ayaa kala caddeynaya in takoorka dhanka jinsiga ay ku jiraan takoorid aan kaliya ku saleysnay dookha galmo ama aqoonsiga jinsiga, laakiin sidoo kale ku saleysan yihiin fikradaha laga qabo jinsiga iyo sifaalah jinsiga, oo ay ku jiraan sifooyinka jinsiga. Xeerarka ugu dambeeyaa waxaa la filayaan waqtii ka mid ah 2023.



Haddii laguu diiday caymiska wax qalliin ah, hababka la maro ‘procedures’ ama daawooyinka oo aaminsan tahay in diidmadu ay ahayd mid khalad ah, wuxaad gudbin kartaa racfaan. Sida loo gudbiyo waxay ku xirnaan doontaa haddii aad leedahay qorshaha Medicare Advantage ama aad ku jirto Original Medicare. Tilmaamaha sida loo gudbiyo waxay ku jiri doonaan warqadaada diidmada. **Helitaanka wada shaqeeynta iyo taageerada ee bixiyahaaga caafimaadku waxay muhiim u tahay racfaan guul leh.** Wuxa kale oo ay noqon kartaa mid waxtar leh in aad la tashado barnaamijka adeegyada sharciga ah ee degaankaaga ama qareen gaar ah.

### **Takoorka dhanka Daryeelka Caafimaadka**

Sharciga federaalka ayaa ka ilaalinaya takoorka ku saleysan jinsiga— oo ay ku jiraan dookha galmo iyo aqoonsiga aqoonsiga—ee ay sameeyaan hay’adha caafimaadka iyo daryeel bixiyayaasha lacagaha federaalka u hela, ama si toos ah ama si dadban. Haddii aad ka kulantay takoorid, wuxaad cabasho u gudbin kartaa Office of Civil Rights at the Department of Health and Human Services (HHS), [www.hhs.gov/civil-rights](http://www.hhs.gov/civil-rights). Haddii aad hesho Medicare adiga oo adeegsanaya qorshaha Medicare Advantage, wuxaad sidoo kale gudbin kartaa cabasho.

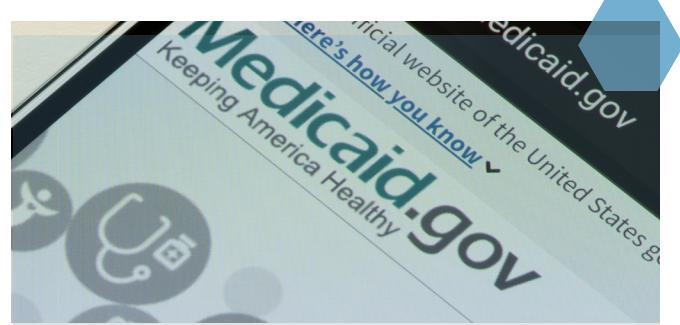
## Medicare iyo Dadka Waaweyn ee Bedeshay Jinsiga ‘Transgender’: Wuxuu Qaarabaa

### Doorashada Caymiska Medicare ee ugu Fiican

Iyada oo ay jiraan baahiyoo gaar ah ee dhanka caafimaadka qofka bedeshay jinsiga ‘transgender’, waa mid si gaar ah muhiim ugu ah dadka bedeshay jinsiga ‘transgender’ in ay si taxaddar leh uga soo dhax doortaan caymiska Medicare ee la kala dooranayo. Sida aad u hesho Medicare aad leedahay waxay go’amin doontaa haddii aad heli karto adeeg bixiyayaal aad u baahan tahay oo ku kalsoon tahay. In la awoodi karo daawooyinka la isku qoro waxay sidoo kale ku xiran tahay kala doorashadaada. La xiriir Barnaamijka Gargaarka Caymiska Caafimaadka Gobolka (SHIP) ee degaankaaga. SHIP wuxuu caawimaad aan eex lahayn siiyaa Ka faa’iideystayaasha Medicare, qoysaskooda, iyo daryeel bixiyayaasha.

La taliyayaasha SHIP ee degaanka ayaa kaa caawin kara in aad go’ansato waxa uu yahay caymiska ee sida ugu wanaagsan u xaqiijin doona helitaanka daryeel bixiyayaasha caafimaad iyo daawooyinka la isku qoro ee aad u baahan tahay, oon wax lacag ahi kaaga baxayn. Website-ka qaranka ee SHIP waxaa ka mid ah wax helaha ‘locator’ loogu talagalay SHIP ka jira degaankaaga. Website-ka qaranka ee SHIP [www.shiphelp.org](http://www.shiphelp.org). Wuxuu sidoo kale wici kartaa 877-839-2675 ama email u dir [info@shiphelp.org](mailto:info@shiphelp.org).

Haddii aad jeclaan lahayd in aad ogato sida looga hortaggo, loo ogado, ee loo soo sheego wax is daba marinta Medicare, qaladaadka, ama xadgudubka la xiriira llaaliyahaaga Sare ee Medicare (SMP) ee degaankaaga, [www.smpresource.org](http://www.smpresource.org), ama wac 1-877-808-2468.



### MEDICAID: SAWIR CAKIRAN

Hadda la joogo in ka badan [kala bar barnaamijyada Medicaid ee gobolku](#) waxay si cad u daboolaan daryeelka qofka bedeshay jinsiga ‘transgender’. Siyaasadaha inta badan gobolada kale waa kuwo ka aamusan, iyada oo dhown ka mid ahi si gaar ah u mamnuucayaan dabooliska caymiska. Siyaadaha Medicaid ee gobolkaagu saameyn kuma yeelanayaan xaqa aad u leedahay caymis kasta oo hoos yimaada Medicare. Sidoo kale, haddii aad isku diiwaan geliso Medicaid, sharciga federaalka ayaa ka ilaalinya takoorka ay sameeyaan guriga dadka lagu xannaaneeyo, caafimaadka guriga iyo adeegyada kale ee Medicaid. Wuxaa cabasho u gudbin kartaa [HHS Office of Civil Rights](#) haddii aad la kulanto takoor.

### ILAHA

Macluuamaadka ku qoran xaashidani xaqiijdu waa mid cusub laga bilaabo Ogoosto 22, 2022. Wixii maclumaad dheeraad ah ama cusub, booqo:

**GLBTQ Legal Advocates and Defenders**  
[www.glad.org](http://www.glad.org)

**Justice in Aging**  
[www.justiceinaging.org](http://www.justiceinaging.org)

**Lambda Legal**  
[www.lambdalegal.org](http://www.lambdalegal.org)

**National Center for Lesbian Rights**  
[www.nclrights.org](http://www.nclrights.org)

**Xarunta Qaranka ee Sinnaanshaha Qofka Bedeshay Jinsiga ‘transgender’**  
[www.transequality.org](http://www.transequality.org)

**Xarunta Ilaha Qaranka u qaabilsan LGBTQ+ Aging**  
[www.lgbtaagingcenter.org](http://www.lgbtaagingcenter.org)

**SAGE**  
[www.sageusa.org](http://www.sageusa.org)

**SAGE’s Talk Before You Walk**  
[www.sageusa.org/talkbeforeyouwalk](http://www.sageusa.org/talkbeforeyouwalk)

**Transgender Law Center**  
[www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)



**JUSTICE IN AGING**  
FIGHTING SENIOR POVERTY THROUGH LAW

Xarunta Ilaha Qaranka u qaabilsan LGBTQ+ Aging, waxaa taageeraa, qayb ahaan, Administration for Community Living (ACL), Waaxda Caafimaadka iyo Adeegyada Dadweynaha (HHS) ee Maraykanka iyada oo qayb ka ah kaalmada dhaqaale ee la isu siyo oo dhan \$373,636.85 oo leh boqolkiiba 72% oo ay maalgelisay ACL/HHS iyo qaddar dhan \$104,878.85 iyo boqolkiiba 28% oo ay maalgeleyeen ililo aan dowliga ahayn. Waxyaabaha uu ka kooban yahay waa kuwo uu leeyahay qoraaga(dadka qoraaga ah) mana aha kuwo ka turjumaya aragtida rasmiga ah ee, mana aha kuwo ay taageerayaan, ACL/HHS, ama Dowladda Maraykanka. All Rights Reserved.