

Medicare & Rütto ro emōj aer Ukōt Ir Māke

TA EO ARMIJ EO EMŌJ AER UKŌT IR MĀKE
REJ AIKUJ IN JELLĀ

Rütto ro emōj aer ukōt ir māke ewōr aer aikuj ko an ejmour im rej jenolak. Eñin ej ta eo Medicaid ej kōmman ñan jibāñ er.



Enañin joñoul yiiō jān ien eo Rā eo an Ejmour im Jerbal ippān Armij (Department of Health and Human Services, HHS) emōj an ukōt kakien im jino lale mwijmwij ko aurōk ñan kain armij ro. Ilo ien eo im elap an oktag im kamol ñan Medicare kakien ilo elōñ jerbal ko ñan rütto rej emō aer ukōt ir māke. Eñin ej jöt melele kadu.

Wāwen an Kwalok kin e Māke

Kain armij rōt kwe ejjab walok ilo kaat in Medicare eo am. Medicare rekoot ko, bōtaab, ej koba ippān juōn kakolle in kain armij rōt pedped ion rekoot in Jāān Elikin Jemlakin Jerbal (Social Security) eo am. Ñe emōj am ukōt kain armij rot kwe ippān Ritōl ro an Jāān Elikin Jemlakin Jerbal (Social Security Administration), oktag eo enij bar walok ilo Medicare rekoot ko am.

Mwijmwij ko

Medicare ej kōmman bwe en tōprak aikuj ko ñan mwijmwij ñan jibāñ jabdewōt nañinmej in dysphoria pedped ion keij ko kajojo. Aikuj in ejja āinwōt jokdoon ñe kwōj bōk jibāñ ikijen Medicare ilo Original onean-ñan-jerbal ilo Medicare ak ilo Medicare Advantage būlāān eo. Jokdoon ñe alikkar ko rej pedped ion keij ko kajojo, Medicare ej lale unin tōl ko ilo Doulul eo an Armij ro Emōj aer Ukōt Ir Māke



ilo Ejmour (World Professional Association for Transgender Health, WPATH) Wāwen Lale. **Ñe jibāñ kajitōk eo am ñan Medicare, rilale eo ej kwalok wāwen an keij eo am tōpar WPATH jekjek ko.**

Kwōj aikuj in kōerbale taktō ro rej bōk Medicare. Ñe kwōj pād ilo juōn Medicare Advantage būlāān, ekkā am aikuj in kōerbale taktō ko rej pād ilo doulul eo an būlaan eo am ak bōk melim in etal ñan nabōj in jerbal eo.

Uno ko Ikjian-Oktak in Armij

Eñjake ko ikijen ejmour ñan kwalok kin nañinmej in dysphoria ekkā an kōmmelele iumin Medicare Part D. Kwōj aikuj melim eo mokta lak jān an joñan eo njij tōprak.

Jerbal ko Ekkar-ñan Kōrā ak Emaan

Medicare eban jalak an māroñ in jibāñ ñan jerbal ko pedped ion ekkar-ñan kōrā ak emaan kinke kein kwalok armij rōt ilo rekoot in Medicare eo am ej kwalok juōn bar kain armij. Juōn kein kwalok ej lewaj juōn emaan, ilo waanjoñak, ejjab māroñ in āinwōt wawen jab elak ñan onean eo ilo teej in enbwinnim ñe ekkar ilo taktō ñan eok. Medicare emōj an kōmman juōn code aurōk, code 45, ñan jerbal rōt kein. Ñe jikin eo ej kōjerbale code in kobalak ippān jerbal kein, emāroñ in jibāñ bwe en jab wanmaanlak jibāñ eo.

Ñe ejjab iwaj jibāñ ñan jabdewōt kein mwijmwij, jerbal ak uno im tōmak in jab tōprak eo ekar



LALE KAKIEN

HHS ekar kwalok kien kāäl ko rej kōjbarok ko jān dike doon im kōmman bwe en laplak an rijerbal in ejmour lale ta ko rej mo. Kien kāäl ko emōj kwalok relukkun jenolak ilo aer kwalok kin aikuj in ejmour ko an armij ro emōj aer ukōt ir māke.

Rej māroñ in kōmman joñan jerbal in ejmor pedped ion kain armij rōt ilo ien eo ekar lōtak ako ilo an kwalok e māke; jab mōk jerbal ko ñan oktag in kain armij ako kwalok armij rōt im lale emāroñ in etal ñan armij ro ñan unin ko jōt; im jabdewōt kakien ako imenene im emāroñ in jenolak ak lale armij ro ilo oktag kin juon wāwen eo ejjab jimwe ippān an armij eo kwalok kain armij rō e.

Kobalak, ewōr juōn kakien eo ej kamol ke dike doon jān kain armij rōt ej kōba ippān dike eo pedped ion ejjab kain armij rōt ak wāwen an kwalok e māke, ak bar ion lomnak in kain armij ko im mwil ko ippeir, koba ippān bodañ ko aer. Kien eo eliktata rej kōtmane juōn ien io 2023.

jab jimwe, kwōj māroñ in lelak pepa ñan kajimwe. Wāwen am lelak pepa enij pedped ion ñe kwōj mōttan Medicare Advantage bülāñ ak ilo Original Medicare. Kōmmelele ilo wāwen lelak pepa enij pād ilo letta in jab tōprak eo am. **Bōk ippān doon im jibāñ ñan taktō aurōk ñan an jejjöt an kajimwe eo am jerbal.** Emāroñ in bar jibāñ ñe kwōj kōnnaan ippān búrookraam in jibāñ ikijen kien ak juōn am māke lawyer.

Diike Doon ilo Ejmour

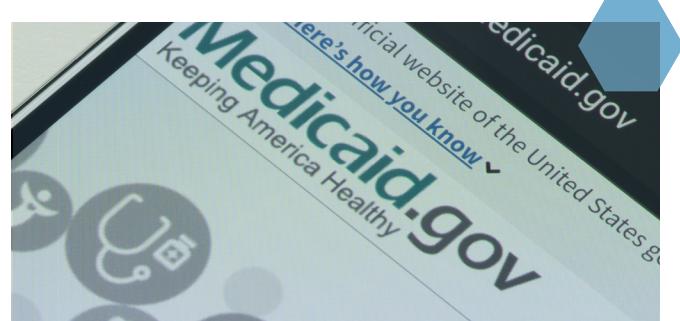
Kien ej kōjbarok eok jān dik doon pedped ion kain armij rōt eok—kōba ippān wāwen an juōn kwalok e māke ñan aolep im ro jot—jān ejmour ak rilale ro rej bōk jaan, kajju lak ak etolak. Ñe emōj am ion e dike in, kwōj māroñ in file am inepata ippān Opiji eo an Jimwe ilo Kien (Office of Civil Rights) ilo Rā eo an Ejmour im Lale Armij (Department of Health and Human Services, HHS), www.hhs.gov/civil-rights. Ñe kwōj Medicare ilo juōn Medicare Advantage bülāñ, kwōj māroñ in file juōn bwōd.

Kelet Pepe in Medicare eo Emantata

Ippān aikuj ko rej jenolak ñan ejmour an armij ro emōj aer uköt ir māke, elaptata an aurōk ñan armij rein ñan kelet ibwiljin Medicare kelet ko aer. Wāwen am bōk Medicare emāroñ in jibāñ kwalok ñe ewōr am māroñ ñan ro kwōj aikuj im leke. An māroñ in tōprak uno ko rej bar pedped ion kelet ko am. Tōpar Jibāñ ikijen Injuran in Ejmour ilo Aelōñ eo (State Health Insurance Assistance Program, SHIP) eo tūrim. SHIP ej lelak jibañ eo ejjab le mōtta ñan jibāñ ro rej kōerbale Medicare, baamle ko aer, im rilale ro.

SHIP armij ro rej rōjan remāroñ in jibāñ eok kelet ta eo eman ñan rijerbal in ejmour im uno ko kwōj aikuj, ilo an ejelak onean ñan eok. SHIP peij eo anlain ej koba ippān juōn jikin bukōt ñan SHIP im epāäke eok. SHIP peij eo anlain ej www.shiphelp.org. Kwōj māroñ in bar kūrlak 877-839-2675 ak email info@shiphelp.org.

Ñe kwōj konan ekatak kin wāwen kōjbarok, lale, im riboot Medicare riab ko, bwōd, ak jorāān tōpar Rijerbal in Medicare Senior Medicare Patrol, SMP), www.smpresource.org, ak kurlok 1-877-808-2468.



MEDICAID: JUŌN PIJA EO EBIN LALE

Ilo tōrrein elaplak jān [jemitan in Medicaid būrookraam ko ilo aelōñ eo](#) rej bōk eddo in lale armij ro emōj aer uköt ir māke. Kakien ko ilo aelōñ ko jōt rej māke lak, ilo an iet rej kabōjrak jibāñ in. Kakien ko an Medicaid ilo aelōñ eo ejjab jelōt am jimwe ñan jabdewōt jibāñ iumin Medicare. Innem, ñe kwoj pād ilo Medicaid, kien ej kōjbarok eok jān dike doon ilo moko mwōn rütto, ejmour ilo mweo imōm im jerbal ko jōt an Medicaid. Kwōj māroñ in lelak am inepata ippān [HHS Opiji eo an Jimwe \(Office of Civil Rights\)](#) ñe kwōj ion dike doon.

KIEN JIBĀÑ KO

Melele ko ilo pepa in ej kāāl jān Okwij 22, 2022. Ñan elaplak ak melele ko emōj aer kakāāl, lale:

Rijibañ ro ekkar ñan Kien im Rikōjbarok (GLBTQ Legal Advocates and Defenders) www.glad.org

Jimwe ilo Yiiō (Justice in Aging) www.justiceinaging.org

Lambda Kien (Lambda Legal) www.lambdalegal.org

Jikin jimwe ko an Kora ro rej Loe Doon (National Center for Lesbian Rights) www.nclrights.org

Jikin Jerbal ñan Kōmman bwe en eman wāwen lale Armij ro emōj aer Uköt ir Māke (National Center for Transgender Equality) www.transequality.org

Jikin Bōk Jibāñ Ilo LGBTQ+ Yiiō (National Resource Center on LGBTQ+ Aging) www.lgbtagingcenter.org

SAGE www.sageusa.org

SAGE Konaan Mokta jān am Etetal www.sageusa.org/talkbeforeyouwalk

Kien ikijen Armij ro emōj aer Uköt ir Māke www.transgenderlawcenter.org



Jikin Bōk Jibāñ eo an LGBTQ+ Yiiō (National Resource Center on LGBTQ+ Aging) ej lale, ilo mōttan, jān Ritōl ñan ro rej Jokwe ilo Jukjukun pād (Administration for Community Living, ACL), Rā eo an Ejmour im Jerbal ippān Armij (U.S. Department of Health and Human Services, HHS) ñainwōt mottan jibāñ ikijen jāān joñan eo \$373,636.85 ippān 72% bōjjāān jān ACL/HHS im \$104,878.85 joñan im 28% bōjjāān jān jikin(ko) ejjab an kien. Kōbban ej an rijeje(ro) im rejjab kwalok ta ko rej lale, ak ejjab ippān, jān ACL/HHS, ak U.S. Kien. Aolet Jimwe Emōj Kakwōne