Snapshot of Older Adults in San Francisco County

California is the state with the most older adults living in poverty. By 2030, older adults will make up one-quarter of California’s population, intensifying the need to invest in the critical programs that support them.

Overview

• Older adults age 60+ account for 20% of California’s population.
• In San Francisco County, 193,000 older adults are 60+.
• Statewide demographics among older adults: Black, 6.5%; Asian, 11.4%; Hispanic, 24.1%; White, 55.1%.

Medi-Cal & Medicare

Older adults 65+ who have incomes at or below 138% of the federal poverty level qualify for both Medi-Cal & Medicare for their health care coverage.

• There are 1,658,539 older adults statewide who are dually eligible.
• In San Francisco County, there are 52,625 older adults dually eligible.

Supplemental Security Income (SSI)

SSI is a federal income supplement program available to low-income older adults and people with disabilities.

• 567,486 older adults statewide receive SSI payments.
• In San Francisco County, there are 26,236 older adults 65+ receiving SSI payments.

Poverty Levels Using the Elder Index

A new, more accurate standard of measurement gauges income security among California’s older adults and takes into account local cost of living.

• 46% of older adults 65+ in San Francisco County don’t have enough income to meet their basic needs.
• 33% of older adults 65+ statewide don’t have enough income to meet their basic needs.
• A single older adult who rents in San Francisco County needs at least $45,348 per year to meet their basic needs.

In Home Supportive Services (IHSS)

IHSS provides in-home assistance to eligible older adults and people with disabilities as an alternative to institutional care and enables recipients to remain safely in their own homes.

• In San Francisco County, 19,653 older adults 65+ receive IHSS services.
• 388,736 older adults statewide receive IHSS services.

Older Adults Experiencing Homelessness

• 45% of homeless individuals in California are age 50+.
• 57,715 older adults statewide interacted with the homeless response system.
• In San Francisco County, 2,777 adults age 55+ interacted with the homeless response system.

---

i Data Dashboard for Aging, California Population Profile, Adults Age 60 and Older
ii CHHS Open Data Portal, Month of Eligibility, Dual Status, by County, Medi-Cal Certified Eligibility
iii Social Security Office of Retirement and Disability Policy, SSI Recipients by State and County, 2021
iv UCLA Center for Health Policy Research, California Elder Economic Security ™ Index (CEI)
vi California Department of Social Services, Monthly IHSS Program Data, December 2022
vii Homeless Data Integration System, Demographic Characteristics of People Experiencing Homelessness